

OUR COMMUNITY'S VOICE

JANUARY 2016

The **HAWKWOOD**



Hawk Eye

*Happy
New Year*

**Air Traffic
Open House
January 5**

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www.HawkwoodCA.com

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In Our Community

President's Message

AGM

We had our Annual General Meeting on November 24th and I am pleased to say we had a quorum – even though we had the first blast of winter that day! We added two new members to the Board: Maria Lynn Freeland is our new Vice President and Jurgen Dauter has stepped into the Soccer Director role – Welcome Maria Lynn and Jurgen! We also had special guests Councillor Joe Magliocca and Cst. Roy Moe from the Calgary Police Service come and answer some questions from those who attended. Kat Heaney from MLA Michael Connolly's office stopped in as well and we enjoyed some wine thanks to Steve Goldsworthy from The Britannia Wine Merchants. Thanks to all who came out and expressed interest in the HCA and asked some great questions.



Hawkstone Rink

If Mother Nature cooperates, our Hawkstone Rink – located on Hawkhill Road – should be up & running by Christmas. As with every year, there are a few simple rules for the use of the rink and they all revolve around the Golden Rule: treat others as you would have them treat you. Please be respectful of all users of the rink and please keep safety in mind when using the rink. Always pick up after yourself and dispose of all garbage in the receptacle provided. We tend to pick up articles of clothing and the like, so if you lost something please email me at President@HawkwoodCA.com .

Community Christmas Challenge

I want to express how well Hawkwood responded to the “Hawkwood Community Christmas: Giving Hope to the Homeless” Care Package Drive! At press time, we had donated close to 50 bags and purses filled with essential items for the homeless. Even though there is a downturn in the economy that has affected many in Hawkwood, it's still great to see the true giving spirit that we have – thank you Hawkwood!

Season's Greetings

On behalf of the Board of Directors of the Hawkwood Community Association, I want to wish all of you a Merry Christmas and a fantastic Holiday Season and I hope that you enjoy the festive season with your loved ones!

Kevan Newman

Community Connection

I'm Stephanie, the Babysitter You Want. I am a responsible and dependable babysitter in Junior High School and have taken the Red Cross Babysitting course and am looking for clients in Hawkwood, Arbour Lake and Citadel. You can reach me at 403-289-3273. The best time to call is from 7:00 p.m. – 8:30 p.m. week nights. My rate of pay is \$8 per hour and 50¢ for each additional child.

Membership Update!

Thank you to all who have purchased your 2016 HCA membership. If you have not purchased it yet, please log in to www.hawkwoodca.com and sign up. Our membership fees allow us as a board to host events such as the Community Clean Up, Sundaes on Sunday and the Winter Festival. In addition to the fun, memberships promote community unity as you have a say in the direction of the community. If you have any questions about HCA memberships or about the HCA in general, visit www.hawkwoodca.com and give us a shout.

Kurtis Bain - Membership Director



HAWKWOOD
Community Association

Membership Application

2016 Memberships can now be purchased online at www.hawkwoodca.com

Membership are valid for the remainder of 2015 & the 2016 year

You can pay for your membership on-line using Interac, Visa or M/C.

For more information, email memberships@hawkwoodca.com

Name: _____

Mailing Address: _____

Postal Code: _____ Home Phone: _____

Email Address: _____

**\$30 cheque payable to the
Hawkwood Community Association**

Please fill out this form and mail or drop it off with payment to:
The Hawkwood Community Association,
P.O. Box 62011, Hawkwood RPO, Calgary, AB T3G 5S7

Open House on Concentrated Flight Paths over NW Calgary

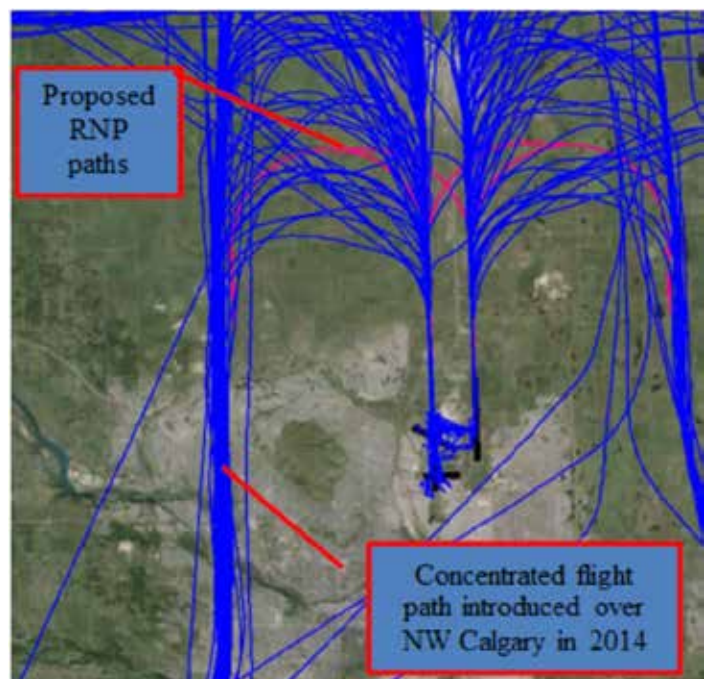
Navigation Canada and the Calgary Airport Authority (YYC) are holding an open house on Jan 5 in Hawkwood, to discuss further changes to air traffic over NW Calgary. The planned roll out of Required Navigation Performance (RNP) practices will concentrate flights into a narrow corridor at the NW and SW portions of Calgary. This is a continuation of changes made in 2014, which concentrated flight paths over West Calgary. This resulted in low-level, high-frequency flights over West Calgary communities, and is causing significant impact to some residents. As part of this engagement, YYC is also interested in feedback on these previous changes.

Impacted residents should attend these sessions to send a message regarding the need to have concerns addressed.

Residents can also get information on the proposed procedures, and submit comments (by Jan 30) at www.yyc.com.

Open House

Uplands Recreational Centre, 20 Hawkside Close NW
January 5, 2016 from 6:30 p.m. – 9 p.m.



Transportation Reminders

Calgary transit is now running some 4-car C-Trains, to reduce crowding on downtown commutes. More 4-car trains will be added in 2016.

Please slow down when driving winter roads in Hawkwood, especially on our hills. It would be great to get through winter with all our concrete community flower planters intact. Hitting these will damage your vehicle, and replacement is paid out from our limited community Leaf fund. Please contact the Hawkwood Community Association if you damage one, so costs can be covered by your insurance. Please note the license plate number if you see someone hit a planter and drive away.

A reminder that city bylaws require residents to keep sidewalks on and beside their property clear of snow and ice. Hawkwood is an active pedestrian community, and falls on icy sidewalks can result in serious injury, especially for elderly community members. Please insure your sidewalk is cleared within 24 hours of a snowfall. If you see an unsafe sidewalk after that time, call 311 to report the address, or you can use the 311 app on your phone. To download this app, go to the city webpage: <http://www.calgary.ca/cfod/csc/pages/about-311-calgary-app.aspx?redirect=/cs/csc/>

Air Traffic Update

Navigation Canada is making further changes to air traffic over NW Calgary, with the roll out of a new GPS navigation process called RPN. This will concentrate flight paths over a narrow corridor over the northwest end of the city. This is a continuation of changes that resulted in the concentrated flight paths that are impacting residents over West Calgary and Hawkwood. The Calgary Airport Authority is hosting an Open House on Jan 5, from 6:30-9:00 at the Uplands Community Centre in Hawkwood. They are open to feedback on the concentrated flight path changes made just over a year ago. The Hawkwood Community Association has been advocating to have these concentrated flight paths spread out so the noise burden is shared equally across West side communities. Impacted residents need to attend these sessions to show support for having these noise issues addressed.

Hawkwood School News

Happy New Year from Hawkwood School!

A reminder that school does not start until Tuesday January 5th for Hawkwood School students! Kindergarten registration for the 2016/2017 school year begins on January 11th. Mark your calendars if you have little ones starting school next year. Remember to check www.myschoolbusmonitor.ca on cold days if your child rides a school bus. Delays are noted by school. Stay warm and enjoy the white and blue of January 2016!

Councillor Report

I would like to take this opportunity to wish everyone a Happy New Year. Every New Year, many of us make resolutions for better health, more exercise, or being kinder to others around us. However, statistics show that less than 10% of us actually keep our New Year's resolution. If you are part of the majority that have already broken your New Year's resolution, you can make up for it by being a "Snow Angel". The act of shovelling a neighbour's sidewalk or driveway is a simple way to help out a neighbour which will also help make local pathways safe for everyone. To learn more about the "Snow Angel" program or to find out information about recognizing a Snow Angel, visit calgary.ca/snowangels.

I would also like to address the issue of Uber. Many Calgarians have been advocating for allowing Uber into the Calgary market to provide for more choice for consumers. I agree with these sentiments as I believe we need to encourage more choice for consumers and competition amongst Transportation Network Companies (TNCs). That is why I support a new framework for TNCs. This new framework will allow TNCs like Uber to operate legally in Calgary if drivers have appropriate vehicle insurance, meet specified training, security and licensing requirements. City Council has asked for a new bylaw to be developed and brought back to Council by February 22, 2016. This time-frame allows for The City to work through the details of the new bylaw with stakeholders including Uber. While it is important that we have more choice and competition amongst TNCs, it is also important that the new bylaws are developed correctly so that they provide adequate safety and security for both drivers and passengers of TNCs.

As always, if you have any snow removal challenges in your neighbourhood, or any other civic issue please do not hesitate to contact me or call 311.

Joe Magliocca, Councillor, Ward 2

9-1-1 is for Emergencies

What to expect when calling 9-1-1 in an emergency and tips for using 9-1-1 and the non-emergency lines appropriately.

Before the police, fire department or ambulance arrives, Calgary 9-1-1 is there. As the FIRST of the first responders, 9-1-1 employees serve as the vital link connecting citizens to the help they need. Each year, Calgary's 9-1-1 centre receives over one million emergency and non-emergency calls.

If you need to call 9-1-1 or a non-emergency line always remain calm, answer all the questions the 9-1-1 officer asks you, and stay on phone line until they tell you to hang up. The most important piece of information a 9-1-1 emergency communications officer needs is your location. If you don't know where you are, there may be a delay in getting you the help you need. Many citizens assume that emergency responders can find them based on cell phone GPS. This is not true. That's why it is so important to always pay attention to your surroundings and know your location –whether you're at home, on the highway, or in a park.

Another way you can help emergency responders is by preventing accidental 9-1-1 calls. Each day Calgary 9-1-1 centre receives over 300 accidental calls. Officers have to call each of those callers back to confirm an

Concerned about increased air traffic over Hawkwood? You need to register concerns with the Calgary Airport Authority at Yyc.com, and select the "Email Aircraft Concerns" link, or dial 403-735-1200. You can also get linked into a volunteer community group, "West Calgary Air Traffic Concerns" by Emailing info@wcatc.ca Their goal is to bring awareness and change to the increase of air traffic over West Calgary communities. See their Webpage at WCATC.ca

emergency response is not needed. Not only does this take up a lot of time, but it also could be tying up an emergency line for someone who desperately needs help.



To avoid making an accidental call ensure your cell phone is locked before placing it in your purse, pocket or backpack. Also, remove the battery out of old cell phones before giving them to your children to play with. Even an inactive cell phone can dial 9-1-1. Finally, if you do accidentally dial 9-1-1, do not hang up. Stay on the line and tell the officer what happened so they don't have to call you back.

For more information visit <http://bit.ly/911inyyc>

City of Calgary

Fire Safety

Each year the Calgary Fire Department responds to over 1000 fires in Calgary. Here are some tips on staying safe from the Calgary Fire Department:

- Ensure your bedroom doors are closed while you are sleeping
- Ensure there are smoke alarms and carbon monoxide detectors on every level of your home
- Ensure there are at least 2 exits out any room where people are sleeping (ex. a window and a door)
- Prepare a home fire escape plan including a meeting place

Want to learn more about home fire safety?

Please join us and the Calgary Fire Department for a FREE informative session on home fire safety. Topics include: Fire extinguishers, home escape plans, fire prevention tips, fire detection requirements and more.

Date: Wednesday, February 10, 2016

Location: Marlborough Park Community Association - 636 Marlborough Way NE

Time: 7:00 p.m. – 9:00 p.m.

Cost: FREE to the public – space is limited

Register: calgarycommunities.com/events

A message from the Federation of Calgary Communities Building Safe Communities Program

West Valley Softball 2016

Registration begins January 5th for the upcoming 2015 season. West Valley is the designated softball program for children in your community wishing to play softball. West Valley offers a Learn To Play program for children born between 2008 – 2011 and a softball program for those born 2007 – 1997. The softball season runs late April to mid-July. For more information check out the West Valley website www.westvalleysoftball.com, email me at ssca2@shaw.ca or give me a call at 403-288-2616. West Valley happily accepts JumpStart and KidSport funding. Call for more information.

City Planning

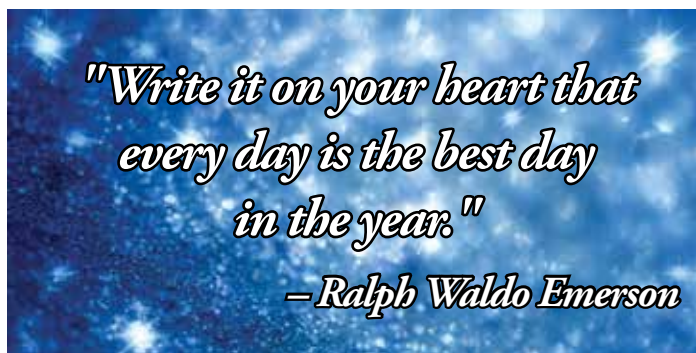
There is a long term city-wide facility plan in the works and a report to Council is due by the end of 2016. The City's buildings are valued at \$3.72B, including fire stations, recreation centres, transit stations, administrative buildings, warehouses, depots, water treatment plants, maintenance buildings, and storage facilities.

Each has only one or two business functions. For multi-use facilities, earlier planning is needed, with land purchases and facility design.

Currently, business units request capital budgets separately; partnerships with the private sector will be considered. Some existing buildings are deteriorating in the established communities.

New communities have created a demand for fire stations, followed by other services, like recreation centres, community associations, and by-law services. There could be temporary fire halls, for example, in newer communities.

Anne Burke



Pet Safety

Keep Your Pets Indoors This Winter

Humans are not the only ones who need to keep warm during the winter months. Your pets do too. Although they might be covered in fur, your pet can still fall ill during the colder months or even get frostbite when temperatures drop below freezing. But have no fear, here are a few tips on how to keep your pet warm this winter.



Keep your pet indoors. This is the number one way to keep your pets safe and warm in the winter. For dogs, take shorter walks when the weather is severely cold. A good rule of thumb is to go out with them and when you're ready to come in, chances are your dog is too. If your dog must stay outside, make sure she has proper shelter and a source of fresh water at all times, and make sure her water cannot freeze.

It's important to remember that cold cars can pose a significant risk to your pet's health. Leaving your cat or dog in the car is just as dangerous in winter as in the summer. Limit car travel to only that which is necessary, and don't leave your pet unattended in the vehicle.

If you lose your pet during the winter months, do not delay. Call 3-1-1 to see if Animal Services has picked up your pet. If not, file a lost pet report with Animal Services.

For more information about pet safety please call 3-1-1 or you can visit us on our Facebook page or on Twitter @yycbylaws.

City of Calgary, Animal & Bylaw Services

This Month in History

January 22, 1901

Queen Victoria of England died after reigning for 64 years, the longest reign in British history, during which England had become the most powerful empire in the world.



Sledding Safety

Alberta Health Services, EMS, would like to remind parents and children of some basic sledding safety tips as the winter season continues. Sledding injuries can result from collisions with stationary objects, such as trees and rocks, or with other people on the hill. Unprotected falls can result in injury if you lose control at high speeds. Everyone is at risk – especially children. Have a fun and safe trip on the toboggan hill by following these simple reminders.

Equipment

- Ensure your sled is in good condition. Do not use sleds with broken parts, sharp edges, or splits in the material.
- Currently, there are no helmets designed specifically for sledding. However children should wear a properly fitted helmet designed for high impact

9-1-1 Costs

The 9-1-1 Act began on April 1, 2014. This law requires service providers to collect 44 cents per month on all wireless devices able to connect with 9-1-1. By means of a provincial grant the funds go to 9-1-1 call centres province-wide. The City's Public Safety Communications (PSC) gets a projected \$4.4M annually (and \$3.4M was actually collected in 2015 to date.) The grant remains key for PSC's capital needs because:

- 68% of PSC's 500,000 emergency calls, in 2014, were from cell phones.
- land- line use and its PSC revenue is on the decline.

Anne Burke

Keep the Peace

There was a proposal for City Bylaw Officers to issue tickets for speeding in residential areas. Calgary Police Services (CPS) opposed a 1-year trial. The Solicitor General approved the CPS's application to use Level-1 Community Police Officers. However, changes in the law are needed for auxiliary cadet officers. Council directed Bylaw Services, with the CPS, to develop pilot project options for residential traffic enforcement, including legislative, safety, and financial. The report will return to the Council by August 2016. In the meantime, Council voted residential traffic enforcement in communities, playgrounds and school zones will continue to be carried out solely by the Calgary Police Service.

Anne Burke



collisions, such as hockey, cycling, or climbing helmets.

Hazards

- Avoid hills that are too steep, or too icy – you can lose control very quickly.
- Choose hills free of obstacles such as trees, rocks, utility poles, or fences.
- Be mindful of clothing that contains drawstrings, or loose clothing, such as scarves, which can present a choking hazard if they become caught or snagged.

Plan Ahead

- Dress warmly in layers and anticipate weather changes.
- Consider bringing extra sets of gloves and toques to exchange wet garments for dry ones.
- Take breaks to warm up out of the cold.
- Ensure frostbite hasn't affected any exposed skin.
- Even when properly protected from the elements, the finger tips, toes, ears, the tip of the nose, and other high points on the face such as the forehead and cheek bones can be affected by frostbite.
- If frost bite has occurred, treat it by first removing the individual out of the cold environment. Gently warm the affected skin by placing a warm hand over it or by placing the affected part in warm water (not hot; ~41°C max.) until re-warmed.

Alberta Health Services

DID YOU KNOW??

December 31, 1907 saw the very first ball lowering in Times Square.



Top 10 Ways to be Your Best “You” in 2016 !

Many families in our city have been affected by job loss this year. The holidays can be a stressful time as it often means big gifts, big parties, and huge expenses. This year, bring simple joy to the holidays by seeking ways to give, play, and love without the anxiety of huge January bills.

10. Walk to the mailbox. In our neighborhood, many people stop their cars by the mailboxes and pick it up on their way home from work. Instead; park at home, then walk back to the mail. Those few extra steps will make a difference.
9. Drink more water. We always think this is easy, but so many of us don't get enough hydration.
8. Give yourself twenty minutes to stretch. If you know yoga poses, use these. If you aren't familiar with yoga, search online for some amazing stretches. Your mobility will improve!
7. Sit quietly. Whether you call this meditation, prayer, or a short nap, taking a few moments to unplug from technology and getting away from people is an energy builder.
6. Work on your posture. We lean over our phones, and sit cross-legged on the couch while watching TV and slump at our desks. Being conscious of your posture will help you feel taller, but it's also better for health.
5. Pamper yourself. Doing your nails, shaping your eye brows or putting on lotion to combat the dryness of Calgary will give you an overall sense of well-being and confidence.
4. Give your teeth attention! Flossing isn't always on the top of things you look forward to in the day, but it's quick and easy. Turn on your favorite song. While you listen, floss, brush and rinse. And you may as well dance along while you do that. Soon it'll be something you look forward to in your day.
3. There are many of us out there who are avoiding a trip to the doctor. I won't ask for raised hands and admissions of guilt, but if you are one of the avoiders, make 2016 the year you start an annual tradition. If you're in great health, you'll feel proud of yourself when you leave, and if you have things that need attention, it's always best to get ahead of them, and find a way to make your life better.
2. Get enough sleep. I know that it's easy to watch, “just-one-more” episode of a series on Netflix, but it's not worth it if you're feeling dozy all day at



- work. Your body recharges, refreshes, and restores us during sleep, so it is vital that we get enough.
1. Smile. Be cheerful. Share. Volunteer. Give. These are purposeful actions that help us feel good. They aren't hard to do; they are fantastic ways to be a good friend, employee, and community neighbor. There's something amazing about feeling good and then doing good.

Larynda McKay

Did You Know... These Facts About the Calgary

- Calgary boasts over 700 kms of bike pathways. There's a great goal; bike these in 2016!
- There was an old law in Calgary that unless authorized by the mayor or city council, throwing snowballs was prohibited.
- The familiar ginger beef dish was invented here in Calgary, at the Silver Inn in 1974 by George Wong.
- Another famous 'food note' is that the cocktail, Caesar, was invented in Calgary by Walter Chell who was the manager of the Calgary Inn (which is now the Westin) in 1969.
- Calgary, on average, gets about 2300 hours of sunshine per year. That is a mood booster!!

Larynda McKay